

CURRICULUM VITAE (CV) AND A PUBLICATION LIST**Name: Shai Shorer****Date: October 31, 2022****PART A: CURRICULUM VITAE****1. Personal Details**

E-mail Address:	shorersh@gmail.com
Personal Webpage:	https://www.researchgate.net/profile/Shai_Shorer https://orcid.org/0000-0002-1436-1013

2. Higher Education

Period of Study	Name of Institution and Department	Degree
October 1998 - July 2001	Katz Faculty of the Arts & School of Education, Tel Aviv University, Israel.	B.A. in Developmental Psychology & Arts.
October 2005 – July 2008	Faculty of Social Welfare and Health Sciences, University of Haifa, Israel.	M.A. in Clinical Social Work.
October 2011 – July 2016	Faculty of Social Welfare and Health Sciences, University of Haifa, Israel.	PhD

a. Post-Doctoral Studies

Period of Study	Name of Institution and Department/Lab	Name of Host
October 2016 – June 2018	I.M.P.A.C.T. Lab (Investigating Methods to Prevent, Assess, and Care for Trauma), Ryerson University, Toronto, Canada.	Clinical Research Fellowship. Supervisor: Prof. Candice Monson
January 2017 – June 2018	Faculty of Social Sciences, Louis and Gabi Weisfeld School of Social Work, Bar Ilan University, Israel.	Post Doctorate. Supervisor: Prof. Rachel Dekel

3. Academic Ranks and Tenure in Institutes of Higher Education

Period	Name of Institution and Department	Rank/Position
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October 2014 - Present	Continuing-Education Unit, Faculty of Social Sciences / Faculty of Social Welfare and Health Sciences, University of Haifa, Israel.	Teaching fellow
October 2016 – July 2019	Continuing-Education Unit, MIVCHAR – the Haredi (Jewish-orthodox) College in Bnei Brak, Israel.	Teaching fellow
September 2018 – September 2019	Faculty of Social sciences, Louis and Gabi Weisfeld School of Social Work, Bar Ilan University, Israel.	Research fellow at the Cognitive-Behavioral Conjoint Therapy Clinic (Prof. Rachel Dekel's lab)
October 2018 - Present	Continuing-Education Unit, Department of Educational Counselling, Yezreel Valley College, Israel.	Teaching fellow
September 2019 - September 2022	Faculty of Graduate Studies and Continuing Education, Oranim College of Education, Israel.	Teaching fellow
September 2020 - September 2021	Continuing-Education Unit, Oranim College of Education, Israel.	Teaching fellow
September 2020 - September 2022	Continuing-Education Unit, Sachnin College of Education, Israel.	Teaching fellow & Clinical lecturer
September 2021 - September 2022	Department of Social Work, Ariel University, Israel.	Teaching fellow & Clinical lecturer
October 2022 -	School of Social Work, Faculty of Social Welfare and Health Sciences, Haifa University, Israel	Senior Lecturer

For all remaining entries:

* Represents activities and publications since my **last appointment/promotion.**

** Represents activities and publications since **tenure was granted.**

4. Offices in Academic Administration

Years	Name of Institution and Department	Role
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none		
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5. Scholarly Positions and Activities outside the University

Year	Memberships in Academic Professional Associations
2008 - present	The Israel Association of Social Workers
2011 – present	Israeli Association for Behavioral and Cognitive Psychotherapy (ITA)
2014 - Present	International Society for Traumatic Stress Studies (ISTSS)
2016 - 2018	Ontario Association of Consultants, Counselors, Psychometrists and Psychotherapists (O.A.C.C.P.P.)
2019 - Present	EMDR Israel
2019 - Present	European Society for Traumatic Stress Studies (ESTSS)
2020 - Present	Israel Society for Traumatic Stress

Year	Other Scholarly Positions and Activities
2016 – 2018	Member of Research Team: The Israeli Ministry of Defense, Department of Families, Commemoration and Heritage: The re-instatement of government benefits to widows of military veterans: Characterizations and implications.
2019 – 2022	Membership Committee ('Va'adat Chaverim') of the Israeli Association for Behavioral and Cognitive Psychotherapy (ITA)
2020 - present	Head of research at B'Shvil HaMachar – a non-profit organization that specializes in assisting veterans in dealing with combat experiences through Nature-Assisted group interventions.

Year	Other Relevant Positions and Activities
2012	Reviewer of an MA / Graduate final thesis , Expressive Therapies Program, Graduate School of Arts & Social Sciences, Lesley University
2020	Reviewer of a research chapter in an academic book: <i>Social Work in times of Emergency</i> , Edited by Orit Nuttman-Schwartz, Published 2022.

2020 - Present	Reviewer of MA / Graduate final theses , Faculty of Graduate Studies and Continuing Education, Oranim College of Education, Israel.
*2022 - Present	Reviewer – Qualitative Health Research (Q1; Social Sciences, Interdisciplinary)

6. Conferences

a. Participation in International Conferences - Held Abroad

Date (month/year)	Name of Conference	Place of Conference (city & country)	Subject of Lecture/Discussion	Role
November 2009	25th Annual Meeting of the International Society for Traumatic Stress Studies.	Atlanta, USA	Shame: a missing link to the unraveling of complex trauma reactions in non-Western communities (with Dr. <u>Y. Caspi</u> , & Dr. O. Saroff)	Co-author
September 2017	Canadian Institute for Military and Veteran Health Research Forum (CIMVHR)	Toronto, Canada	Group Adventure Therapy for Veterans Suffering from Chronic PTSD (with Dr. M. Shacham, A. Gotfried, Dr. A. Reshef, M. Gamliel, & Dr. B. Bloch)	Presenter
October 2017	23rd Annual Qualitative Health Research Conference	Québec City, Canada	Living with Combat Posttraumatic Stress Disorder: A Qualitative Study of the Ethnic Minority Bedouin Veterans of the Israel Defense Forces (with Dr. H. Goldblatt, Dr. Y. Caspi, & Prof. F. Azaiza)	Presenter
November 2017	33rd Annual Meeting of the International Society for Traumatic	Chicago, US	“I’d Rather not Talk About it”: The Intricacy of Treating Bedouin Veterans of the IDF Diagnosed with PTSD (with Dr. Y. <u>Caspi</u> , Dr. H.	Presenter

Date (month/year)	Name of Conference	Place of Conference (city & country)	Subject of Lecture/Discussion	Role
	Stress Studies.		<u>Goldblatt, & Prof. F. Azaiza)</u>	
October 2018	The 3rd European Association of Dance Movement Therapy (EADMT) conference	Athens, Greece.	Stepping Out into the World: Outdoor Movement Group Therapy for Veterans Suffering from Chronic PTSD (with Dr. M. <u>Shacham</u>)	Co-author
November 2018	34rd Annual Meeting of the International Society for Traumatic Stress Studies.	Washington D.C., USA	Preliminary Quantitative and Qualitative Findings from Cognitive-Behavioral Conjoint Therapy for PTSD in an Israeli Population (with Prof. R. Dekel, Dr. Y. Shoval, R. Nisim, L. Zitronblat, N. Salton, E. Erlich, Prof. S. Freedman, & Prof. C. Monson)	Co-author
June 2019	European Society for Traumatic Stress Studies (ESTSS) annual meeting	Rotterdam, NL	1/Long-Term Group Adventure Therapy for Veterans Diagnosed with Chronic PTSD: Combining therapeutic modalities for a common goal (with Dr. M. Shacham, & Dr. B. Bloch)	Presenter, poster presentation
			2.Traumatic Spousal Loss along the years: The case of Re-Married military widows (with Prof. O. Nuttman-Schwartz & Prof. R. Dekel)	Presenter, poster presentation

b. Participation in International Conferences - Held in Israel

Date (month/year)	Name of Conference	Place of Conference (city)	Subject of Lecture/Discussion	Role
October 2012	Mental Health Interventions in Emergency and Disaster.	Tel-Hai College, Israel.	Cross-cultural view of PTSD: Bedouin soldiers in the IDF.	Presenter
February 2016	The 7th Israeli Interdisciplinary Conference on Qualitative Research.	Ben Gurion University of the Negev, Israel	Strangers in their own community: post-traumatic experience among Bedouin soldiers of the Israeli Defense Forces.	Presenter

c. Participation in Local Conferences

Date (month/year)	Name of Conference	Place of Conference (city)	Subject of Lecture / Discussion	Role
June, 2013	Posttraumatic stress among Bedouin soldiers of the IDF.	Bedouin IDF Soldiers' Memorial	A case study: Bedouin soldier in the IDF suffering from PTSD.	Presenter
May 2016	Ha'Emek Medical Center Qualitative Research Meeting.	Afula, Israel	To talk about the unspoken: Bedouin soldiers in the Israeli Defense Forces.	Presenter
November 2017	The 19th National Congress of Social Workers' Union.	Tel-Aviv, Israel	Re-Married IDF widows who returned to receive their rights: Implications on their coping with grief and marriage (with T. Paz, V. Alkalai, C. Yudich, R. Guterman, S. Mulia, A. Dovrat, A. Cohen-Gabai, S. Cohen, I. Tal, I. Dubi, M. Weiss,	Co-author

Date (month/year)	Name of Conference	Place of Conference (city)	Subject of Lecture / Discussion	Role
			Prof. R. Dekel, & Prof. O. Nuttman-Schwartz	
February 2019	The biennial conference for arts therapy	Kfar HaMaccabiah, Israel	"It's been ages since I went out": Nature- Assisted Group Movement Therapy for Veterans with Chronic Post-Trauma (with Dr. M. <u>Shacham</u>)	Co-author
October 2021	Loss, Bereavement and Resilience	Virtual Conference, Israel.	The Effects of Social Policy Upheavals Over Remarried Military Widows' Grief (with Nuttman-Schwartz, O., & Dekel. R.)	Presenter

d. Organization of Conferences or Sessions

Year	Name of Conference	Place of Conference (city & country)	Subject of Conference	Role
June, 2013	Posttraumatic stress among Bedouin soldiers of the IDF.	Bedouin IDF Soldiers' Memorial	Treatment of Arab Soldiers who serve in the IDF	membership in the organizing committee
May 2016	Ha'Emek Medical Center Qualitative Research Meeting.	Afula, Israel	Promoting Qualitative Research in the Public Health System	membership in the organizing committee

7. Invited Scholarly Lectures (other than in conferences)

a. Abroad

Year	Name of Forum	Place of Lecture (institute, city, country)	Subject of Lecture	Role
none				

b. In Israel

Year	Name of Forum	Place of Lecture (institute & city)	Subject of Lecture	Role
none				

8. Colloquium or Seminar Talks

Year	Name of Forum	Place of Lecture (institute, city, country)	Subject of Lecture
2013	Sapir's College Center of Trauma and Resilience	Sapir Academic College	Cross-Cultural Understanding of Trauma and Post-Trauma
December 2017	Graduate studies seminar, Prof. Rachel Dekel's lab	Louis and Gabi Weisfeld School of Social Work, Bar Ilan University, Israel.	Challenges in conducting qualitative research interviews with traumatized participants.
2013-2016	Guest Lecturer in Qualitative Research Methods Course, Invited by Dr. Tamar Yogev	Faculty of Management, University of Haifa	Use of Computer Programs in Qualitative Research.
February 2017	Graduate studies Seminar, Prof. Candice Monson's lab	Department of psychology, Ryerson University, Toronto, Canada	A line not-to-be-crossed: Conflictual Cultural Aspects in Psychotherapy.
March 2022	Graduate studies Seminar	School of Social Work, Bar-Ilan University	A Cognitive-Behavioral Approach to the Treatment of Post-Traumatic Stress.

9. Research Grants**a. Grants Awarded**

Years	Role in Research (PI, Co-PI, CI)	Other Researchers (Name & Role)	Title	Funded by	Amount	Relevant Publications
2012	PI	NA	Sapir's College Center of Trauma and Resilience	Sapir Academic College	6000 NIS	PhD dissertation, one paper (see item A and D1 below)
2018 - 2019	Co-PI	Prof. Rachel Dekel	Post-Doctoral grant	Bar-Ilan University	48,000 NIS	Three papers, described below in part B, B section

b. Submission of Research Proposals - Pending

Years	Role in Research (PI, Co-PI, CI)	Other Researchers (Name & Role)	Title	Funds Requested Agency	Amount
none					

c. Submission of Research Proposals – Not funded in the last three years

Years	Role in Research (PI, Co-PI, CI)	Other Researchers (Name & Role)	Title	Funds Requested Agency
2020	PI		Assessing the impact of group Nature-Assisted interventions over Israeli veterans.	50,000\$, Adelis Foundation

10. Scholarships, Awards and Prizes

Years	Name of Award	Other Awardees	Purpose of Award or Achievement	Source
2021	Outstanding lecturer		Promoting excellence in teaching	Oranim College Rector
2021	Outstanding paper	With Prof. Rachel Dekel and Prof. Orit Nuttmen-Schwartz	Promoting research in the field of trauma and loss	The Israeli Ministry of Defense research award

11. Teaching

a. Courses Taught in Recent Years

Years	Name of Course	Type of Course Lecture/Seminar/ Workshop/ Online Course/ Introduction Course (Mandatory)	Level BA/BSc/MA/ MSc/ PhD/ etc	Number of Students
2014 - present	Cognitive Therapy – Theoretic foundation and principal interventions	5 days mandatory workshop (30 academic hours)	Continuing Education unit (mostly graduate scholars)	15-20 each year
2014 - present	Cognitive-Behavioral Therapy for depression	5 days mandatory workshop (30 academic hours)	Continuing Education unit (mostly graduate scholars)	15-20 each year
2014 - present	Cognitive-Behavioral Treatment of PTSD	5 days mandatory workshop (30 academic hours)	Continuing Education unit (mostly graduate scholars)	15-20 each year
2018 - present	Cognitive Therapy for kids and adolescents – Theoretic foundation and principal interventions	5 days mandatory workshop (30 academic hours)	Continuing Education unit (mostly graduate scholars)	15-20 each year

Years	Name of Course	Type of Course Lecture/Seminar/ Workshop/ Online Course/ Introduction Course (Mandatory)	Level BA/BSc/MA/ MSc/ PhD/ etc	Number of Students
2019 - 2020	Short term interventions for school counselling	Semestrial lecture	Graduate students	20 each year
2019 - present	Motivational Interviewing	2 days mandatory workshop (12 academic hours)	Continuing Education unit (mostly graduate scholars)	20 each year

2019 present	CBT for Anxiety Disorders	2 days mandatory workshop (12 academic hours)	Continuing Education unit (mostly graduate scholars)	20 each year
2020	School counseling at times of emergency	Semestrial lecture	Graduate students	18
2020	Integrating CBT with Play Therapy	Two semestrial lecture	Continuing Education unit (mostly graduate scholars)	18
2021	Short term interventions for school counselling	Annual Research Seminar	Graduate students	13
2021	Introduction for Cognitive Behavioral Therapy	Semestrial lecture	Graduate students	24
2022	Evidence-Based Interventions in the field of Social Work	Semestrial Research Seminar	Graduate students	15

Years	Name of Course	Type of Course Lecture/Seminar/ Workshop/ Online Course/ Introduction Course (Mandatory)	Level BA/BSc/MA/ MSc/ PhD/ etc	Number of Students
2022	Parenting Therapy	Semestrial Research Seminar	Graduate students	24

b. Supervision of Graduate Students

Name of Student	Name of Other Mentor	Title of Thesis	Degree	Year of Completion / in Progress	Student's Achievements
Master's Students					
Yael Koko*	Dr. Michael Weinberg	The experience of loneliness and its manifestations within combat trauma and during group Nature-Assisted intervention	Graduate student, School of Social Work, University of Haifa	In progress – expected to submit the thesis by November 2022	Best research award, School of Social Work, University of Haifa, 2022.
Or Cohen	Prof. Jonathan Guez & Dr. Nehami HaCohen	Examining the Impact of an Intervention Program on the Meaning of Military Service in the Identity of Discharged Combatants	Graduate student, Department of Psychology, Achva Academic College	In progress – expected to submit the thesis by June 2023	data collection
Ph.D. Students					
Adi Whiteson	Prof. Miri Cohen & Dr.	The mediating role of dyadic coping in the	PhD. Candidate, School of Social	In progress – expected to submit	Studies at the PhD. Program, currently at

Name of Student	Name of Other Mentor	Title of Thesis	Degree	Year of Completion / in Progress	Student's Achievements
	Michael Weinberg	relation between post-traumatic symptoms, secondary traumatization and post traumatic growth among veterans and their spouses	Work, University of Haifa	the thesis by June 2024	the first stage (writing the research proposal).
Yoni Wolkinson	Prof. Hadass Goldblatt & Dr. Michael Weinberg	Veterans and their parents meaning-making of post-traumatic symptoms following exposure to combat trauma	PhD. Candidate, about to apply to the School of Social Work, University of Haifa	June 2025	During the application process to the PhD. Program, currently writing the research rational.

12. Miscellaneous

My academic career has developed in parallel with the development of other integral parts of my professional identity – being a clinical therapist, and a teacher/lecturer. Ever since my master studies I aimed to become more professional in the wide field of evidence-based practice, which I continually study and practice. I specialize in the treatment of people who deal with post-traumatic stress – a complex condition which affects the entire set of the bio-psycho-social systems. Therefore, I seek to master interventions that stem from varied approaches (cognitive, behavioral, experiential, mind-body, dynamic, individual, couple or group interventions, and more). In accordance – I am a certified CBT therapist and supervisor (Cognitive-Behavioral Therapy), a certified EMDR therapist (Eye-Movement and Desensitization Therapy), a certified CBCT therapist (Cognitive-Behavioral Conjoint Therapy), a certified PE therapist (Prolonged Exposure), a certified BioFeedback therapist, and a certified CPT therapist (Cognitive Processing Therapy). In addition, I have studied various other psychotherapies (for example Schema Therapy, DBT – Dialectical and Behavioral Therapy, Couple's EFT – Emotional Focusing Therapy).

As part of my service as a senior social worker at the mental health outpatient clinics of HaEmek Medical Center, I established, coordinated and led a therapeutic

community project, providing accessible psychotherapy for traumatized children and adolescents at their schools and kindergartens, in the years following the Second Lebanon War (2006-2008).

Additionally, I acted as the director of the mental health unit for IDF veterans at Ha'Emek mental health clinic for four years (2012-2016). As part of that work, I initiated and led an outdoors-therapy group for veterans coping with PTSD, for four years (2012-2016). Nowadays I continue to supervise the current staff members in the program.

As part of my work as a psychotherapist and a group therapist at the mental health clinics of Ha'Emek Medical Center, I also led a psychodynamic group therapy for young adults coping with diverse mental illnesses (personality disorders, schizophrenia and more) for 8 years (2008-2016).

I gained substantial relevant experience through studying and receiving close supervision from some of the most renowned therapists and researchers in the field of traumatic stress, in Israel (for example Prof. Muli Lahad, Prof. Rachel Dekel) and abroad (Prof. Edna Foa who developed the Prolonged Exposure protocol, and Prof. Candice Monson who developed the Cognitive Processing Therapy for PTSD, and more).

As I am involved in both research and clinical practice, I became a clinical instructor while continuously gaining more research experience. In 2018 I was invited to serve as a clinical consultant regarding the treatment of Bedouin / Muslim IDF veterans at 'BShvil HaMachar' organization, which specializes in Group Nature Assisted Interventions for traumatized IDF veterans. Since then, **I have voluntarily served as a group clinical therapist, and head of research in this organization** (<https://www.bshvil.org/?lang=en>). I initiated several studies in collaboration with academic partners (see items 11b above), in order to study and improve the field of intensive psychological interventions for veterans who deal with post-traumatic stress. These studies enhance the understanding of the mechanisms that work in psychotherapeutic interventions, as we turn not only to the veterans, but also to their spouses and parents. My dedication to this field is also manifested in the published works I took part in, whether as main author or as co-author.

As my research experience and publications evolved, so has my teaching career, which elaborated from teaching clinical workshops, to leading annual, clinical and research-oriented seminars, at various graduate studies programs. As a teacher/lecturer I am very enthusiastic about challenging my students to leave their comfort zone, both theoretically and in their therapeutic practice, in order to expand their knowledge, skills and professional confidence. I find teaching both challenging and rewarding, as it continuously demands my own personal development. Accordingly, my studies aim to find and formulate novel ways for dealing with post-traumatic stress, and to expand the traditional therapeutic conventions.

PART B: PUBLICATIONS

H-index:	3	Source: Scopus
Citation index:	16	Source: Scopus
ORCID number:	https://orcid.org/0000-0002-1436-1013	
Google Scholar link:	https://scholar.google.com/scholar?hl=iw&as_sdt=0%2C5&q=shorer%2C+shai&btnG=	

A. PhD Dissertation

Title:	A Cross-Cultural View of the Post-Traumatic Experience: Bedouin and Jewish Veterans of the Israel Defense Forces (IDF)
Date of submission:	July 2016
Number of pages:	229
Language:	Hebrew
Name of supervisors:	Prof. Hadass Goldblatt, PhD; Dr. Yael Caspi, PhD; Prof. Faisal Azaiza, PhD
University:	University of Haifa
Publications: item no. from the following list	D2 & D7

Notes for the following chapters

For joint publications:

- 1) The order of the listed authors is according to their relative contribution (unless otherwise specified).

- 2) The authors contributed equally (unless otherwise specified).
- 3) First author is the main contributor, last author is usually the group head; the rest appear according to their relative contribution (unless otherwise specified).

Abbreviations:

I.F. = IF (Add name of source & Year article published).

R = Ranking (Add name of source & Year article published in most relevant field)

Q = Quartile (Add name of source & Year article published in most relevant field).

V = Vatat List (The Council for Higher Education) – when no other indices are available. See the following [link](#) for more details.

= Student under my supervision.

= A student (not under my direct supervision).

B. Scientific Books (Refereed)

none

C. Monographs (Refereed)

none

D. Articles in Refereed Journals

Published

1. Caspi, Y., Slobodin, O., Kammerer, N., Enosh, G., **Shorer, S.**, & Klein, E. (2010). Bedouin wives on the home front: living with men serving in the Israel Defense Forces. *Journal of Traumatic Stress*, 23, 682–90.
<https://doi.org/10.1002/jts.20581> [IF:1.926; 70/131 Psychology, Clinical, Q3; V]
2. **Shorer, S.**, Goldblatt, H., Caspi, Y., & Azaiza, F. (2018). Culture as a double-edged sword: The posttraumatic experience of indigenous ethnic minority veterans. *Qualitative Health Research*, 28(5), 766-777.
<https://doi.org/10.1177/1049732318756041> [IF=3.030, 13/108 Social Sciences, Interdisciplinary, Q1; V]
3. Ravid, S., **Shorer, S.**, Reshef, A., Schiff, E., Shacham, M., Cohen, L., & Bloch, B. (2019). Treatment of Post-Traumatic Stress Disorder by using integrative medicine: Case history. *Journal of Chinese Medicine* (119), 5-12.

- <https://www.jcm.co.uk/stress-disorder-using-integrative-medicine-case-history.html> [IF=2.960, 0.679 - SCImago Journal Rank, Q4; Medicine]
4. Nuttman-Shwartz, O., **Shorer, S.**, & Dekel, R. (2019). Long term grief and sharing courses among military widows who remarried. *Psychological Trauma: Theory, Research, Practice, and Policy*, 11(8), 828-836.
<https://doi.org/10.1037/tra0000439> [IF=2.595, 46/131, Psychology, Clinical, Q2; V]
 5. Ennis, N., **Shorer, S.**, Shoval-Zuckerman, Y., Freedman, S., Monson, C. M., & Dekel, R. (2019). Treating posttraumatic stress disorder across cultures: A systematic review of cultural adaptations of trauma-focused cognitive behavioral therapies. *Journal of Clinical Psychology*, 76(4). 587-611.
<https://doi.org/10.1002/jclp.22909> [IF= 2.138, 58/131, Psychology, Clinical, Q2; V]
 6. Dekel, R., Shorer, S., & Nutman-Schwartz, O. (2021). Grief manifestations among families of re-married war widows. *Family Process*, 00, 1– 14. <https://doi.org/10.1111/famp.12687> [IF=2.175, 11/47, Family Studies, Q1; V]
 7. **Shorer, S.**, Caspi, Y., Goldblatt, H., & Azaiza, F. (2021). Acknowledging Post-Traumatic Stress Disorder: Treatment utilization among Bedouin and Jewish combat veterans. *The British Journal of Social Work*.
<https://doi.org/10.1093/bjsw/bcaa152> [IF=1.435, 13/44 Social Work, Q2; V]
 8. **Shorer, S.**, Nuttman-Shwartz, O., & Dekel, R. (2021). Remarried Military Widows' Grief in Light of Social Policy Upheavals. *Death Studies*, doi:10.1080/07481187.2021.1975174 [IF=2.245, Q2, Psychology]

Accepted for Publication

none

E. Articles or Chapters in Scientific Books (Refereed)

Published

none

Accepted for Publication

1. Shorer, S. Psychotherapy with Israeli Active-Duty Service Members and Veterans (ADSMs). Invited chapter, to be published in *Foundational Mental Health Practices with Active-Duty Service Members and Veterans* (R. Johnson, Ed.). Taylor and Francis (an invited chapter. under review).

F. Entries in Encyclopedias

none

G. Other Works and Publications

none

H. Submitted for Publication

Articles

Revised & Resubmitted:

1. **Shorer, S.**, Shacham, M., & Bloch, B. (2020). Long-Term group adventure therapy for military veterans diagnosed with chronic PTSD. Manuscript submitted to *Journal of Social Work with Groups*. (22 pp.). Passed first review, under revisions.
IF: 0.460, Q3, Social Work.
2. **Shorer, S.** Psychotherapy with Israeli Active-Duty Service Members and Veterans (ADSMs). Invited chapter, to be published in *Foundational Mental Health Practices with Active-Duty Service Members and Veterans* (R. Johnson, Ed.). Taylor and Francis (an invited chapter. under review).

I. Summary of my Activities and Future Plans

My research and academic interests are in theoretical understanding of real-life coping, aiming to enhance potential therapeutic applications. Thus, I am continuously studying psychological therapeutic practices, while practicing clinical work.

I specialize in the field of trauma, and deal with sensitive issues related to the complexities of psychotherapy development, utilization and provision, for individuals

who faced military trauma, as well as various forms of civil traumatic events. Through my academic research I aim to deepen the understanding of the contextual, personal and interpersonal levels of such complicated circumstances. My Master Studies research dealt with the impact that an individual's mental injury (Post Traumatic Stress Disorder - PTSD) exerts on other family members, within a cross-cultural context. The aim of the study was to explore the interactions between the individual and his social environment, in order to better understand the inter-relations between trauma injury and social contexts. This study is presented in item 6a, and its findings were presented at a conference of the International Society for Traumatic Stress Studies (ISTSS - see item D1).

My doctoral dissertation aimed to enhance the understanding of PTSD as it is experienced and perceived among members of a non-Western cultural group, Bedouin veterans who suffer from PTSD. This work expanded the understanding of the subjective experience of PTSD in different cross-cultural contexts. I was familiarized with the Bedouin veteran population through my work as a therapist at HaEmek mental health services. My academic approach stemmed from an ecological view of research and therapy. Hence, I explored the conflictual and complex relations between participants' bio-psycho-social components, regarding their illness and possible therapeutic interventions, highlighting the notion of **Culture as a Doubled-Edged Sword**. This study is presented in two articles (items D2 & D7 above), and various derivatives of its findings were presented at a number of leading conferences in the field, in Israel and abroad (see tables 6 a, b & c above).

I continued exploring sensitive, conflictual post-traumatic conditions on my post-doctoral work, where I investigated the emotional experience and coping of remarried IDF widows, who had been dispossessed of their official recognition and widows' rights for decades. I took part in a collaboration between academics and field staff (a team of social workers from the Department of Commemoration and Families of the Ministry of Defense). I used my expertise in qualitative research, summarizing and conceptualizing the research findings and conclusions, as well as its theoretical and practical applications. This study is presented in three articles (items D4, D6 & D8 above), and its findings were presented at a number of international conferences (see items in table 6c, #5 & #8, above).

The interweave between trauma research and practice was accomplished also in my clinical fellowship position at a clinical laboratory at Ryerson University in Toronto, Canada, under the supervision of Professor Candice Monson, one of the world leaders in trauma research and treatment. During these two years, I studied and practiced focused couple therapy for trauma victims and their spouses, and focused cognitive therapy for trauma victims. I took part in an international research team (Canadian and Israeli researchers), studying the possibilities of applying Trauma-Focused therapeutic protocols developed in one culture, to another cultural environment. The findings of this study were published - see item D5 above.

I have been practicing clinical social work in both the public service and at a private clinic for the past 15 years, and I continuously expand my work via theoretical and clinical research. For example, I established and promoted unique nature-based group therapy for trauma survivors dealing with chronic PTSD. This treatment takes place in nature, in an unconventional context for patients and therapists alike, and promotes unique strengths in an interpersonal / group interaction. This project was accompanied by research that I conducted, focusing on this unique form of group therapy. This study's findings were presented at international conferences in Israel and abroad (see table A6, items # 2, 5, & 8 above), and are about to be published (chapter D above, Revised & Resubmitted articles).

My current research centers on the implications and effects of therapeutic group journeys for IDF veterans dealing with longitudinal aspects of exposure to traumatic events (clinical and subclinical/subthreshold PTSD). I continue to expand my therapeutic expertise, combining several therapeutic approaches (individual trauma-focused therapy, group therapy, and nature-assisted-therapy), while studying the effects and efficacy of this multi-dimensional approach. I am leading a research team in BShvil HaMachar (a non-profit organization specializing in such therapeutic journeys), where I have initiated several studies, evaluating the impact of outdoors and interpersonal clinical interventions. My research is focused on the ecological understanding of trauma and its aftermath, working in collaboration with several academics who study various levels of these phenomena. I currently co-supervise MA students at the University of Haifa and at Achva Academic College, and a Ph.D. student at the university of Haifa (see table 11b above).

My future research plans are to keep developing and expanding these studies, from the biological level (e.g., a collaboration with the Center for Hyperbaric Medicine and Research at Shamir Medical Center), through the personal level, to the social policy levels. I wish to conceptualize a broad understanding of the effects of trauma through research work that will focus on the longitudinal expressions of both clinical and subthreshold military-related post-traumatic stress.

In addition, I have a special interest in teaching, and enjoy consulting and mentoring healthcare practitioners in their professional development. I have supervised numerous clinicians in the field of cognitive behavioral therapy (CBT), and taught various courses in several academic programs. I intend to expand this aspect of my work, as I wish to provide an annual CBT seminar, where the participants will implement CBT interventions within individual therapies, and present their work as a cohort for qualitative/quantitative research, or as case studies. I believe that my diverse experience and academic research knowledge could make this a meaningful learning experience.

My contribution as a researcher and lecturer to the School of Social Work will stem from my diverse research experience, based upon many years of therapeutic practice and rich and varied clinical experience, working with both children and adults. My goal is to enhance the connection between research, academic teaching, and therapeutic practice – all disciplines in which I have proven abilities. I maintain strong research and teaching relationships with people and organizations from the field of therapy, in treatment and research centers in Israel and abroad. I intend to expand my clinical research in collaboration with these partners.

As part of my future contribution to the school I will seek to teach theoretical and clinical courses in the field of mental health and trauma care. My being a licensed clinical instructor in the Israeli Association for Behavioral-Cognitive Therapy, having extensive experience in mentoring trainees in the field, will enhance and promote teaching of focused evidence-based therapeutic interventions. I believe that my mentoring of young professionals venturing into the world of therapeutic practice will contribute substantially to their future professionalism.

J. Publications in Preparation**Books**

- Making meaning to military service - Overcoming post-traumatic combat stress by group Nature-Assisted interventions

Articles

- From post-traumatic disintegration to emotional resilience: a case study of therapeutic journey for veterans coping with subclinical levels of PTSD.
- I cannot leave them alone: the ‘rescue-fantasy’ of therapists who work with trauma victims.